



**MOSCROP SECONDARY SCHOOL PHYSICAL EDUCATION  
WORK HABIT SELF ASSESSMENT**

Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Block: \_\_\_\_\_ Teacher: \_\_\_\_\_

EVALUATE YOUR P.E. WORK HABITS BASED ON THE FOLLOWING CRITERIA:					Term Two	Term Three
CRITERIA	3: Exceeds Expectations	2: Fully Meets Expectations	1: Meets Minimal Expectations	0: Not yet Within Expectations		
Preparation	Always prepared. Zero No strips.	Usually prepared. Few no strips.	Inconsistently prepared. Several no strips.	You mean we have to change? Rarely in strip.		
Attendance & Warm up	On time. Takes initiative to begin warm up. Stays to the bell.	On time. Takes time to engage in warm up. Stays to the bell.	On time. Slow to change. Stays to the bell.	Missed class, late or left before the bell without explanation.		
Etiquette, Respect, and Fair Play	Always demonstrates respect for people, equipment and facilities.	Usually demonstrates respect for people and equipment. Willingly takes responsibility for actions.	Unable to work productively unless with specific people or reluctant to take responsibility for actions.	At times rude to people or abusive with equipment or unwilling to take responsibility for actions.		
Participation	Always enthusiastic and motivated. Requires no encouragement.	Usually enthusiastic & motivated, may need minimal encouragement at times.	Inconsistently motivated, at times reluctant, requires regular encouragement.	Unenthusiastic. Unmotivated & requires constant encouragement.		
Leadership & Self Confidence	Always a positive role model, encourages others. Seeks responsibility	Usually a positive role model. Willingly takes responsibility when asked.	Reluctant in leadership roles. Accepts responsibility only if directed.	Unwilling to take on a leadership role.		
Good: 13 – 15, Satisfactory 9 – 12, Needs Improvement: 8 or less				Total:		